

AIR WITH FLAVOUR –
PART OF RGS GROUP

AIR with Flavour®

NHS USER GUIDELINES

Supporting the safe use of AIR with Flavour®

GUIDELINES LAST UPDATED:
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PRODUCT OVERVIEW

Product Introduction

AIR with Flavour turns familiar drinks into a light, airy foam, giving people who may be unable to eat or drink in the usual way another way to experience familiar tastes and the enjoyment that comes with them.

Benefits: Minimises the psychosocial impact of being nil by mouth and presents a lower risk of respiratory aspiration than food or fluid for patients with severe dysphagia.

Device Classification: The pump is not a medical device and is used solely for edible foam preparation.

Target Group: Intended for individuals who are nil by mouth or have limited oral intake ability. Speech and Language Therapists (SLT) should advise on suitability for those with oropharyngeal dysphagia.

Who can use it?

AIR with Flavour may be suitable for people of any age living with dysphagia or other conditions that make eating and drinking difficult. Some examples include:

Frailty & ageing: Older people experiencing frailty or changes in swallowing

Head & neck cancer: People whose treatment or condition affects their ability to eat or drink

Palliative care: Where taste, comfort and quality of life remain important

Neurological conditions: Including stroke, Parkinson's, MND and other neurological conditions

Dementia & complex care: People whose condition affects swallowing, eating or drinking

Children & younger: people where dysphagia or another condition affects oral intake

Suitability should always be considered individually. Speak to a Speech and Language Therapist or relevant healthcare professional where there are specific swallowing or clinical needs.

Ingredients and allergies

Two food-grade ingredients, maltodextrin and soy lecithin, help emulsify the liquid and stabilise the foam.

- Check allergies with the patient prior to use. If the patient is unable to express this, then check with NOK/family and medical documentation.
- Ensure the person administering is not allergic to soya due to risk of aerosolisation

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Safety Considerations & Contra-indications

Considerations:

Maintain oral hygiene at all times. Serve only the foam, avoiding the liquid underneath. Be prepared with Yankauer suction, as increased saliva production may heighten aspiration risk.

Discontinuation Triggers:

Stop use immediately if you experience repeated coughing, hypersalivation, a hoarse, wet or gurgly voice.

Contra-indications:

Not recommended for patients at risk of respiratory deterioration, active respiratory infections, saliva management issues, or poor oral hygiene. Avoid if allergic to soya, soya oil, or maltodextrin.

Sachet Management

Single-Use: Use a new sachet for each preparation, and dispose of it after use.

Inspection: Check the best-before date before use; discard out-of-date, damaged, or open sachets.

Operation & Usage Guidelines

Restriction: Use only as intended; do not combine with other products or medications.

Personnel: For trained staff or patients only.

Equipment Care: Check pump and tubing before use. Ensure silicone tubing does not contact liquid or foam – only the single-use pipette should touch liquid. Never submerge the pump device.

Cleaning & Infection Control

- Pump device can be cleaned with detergent, chlorine, disinfectant, 70% isopropyl alcohol or peracetic acid.
- Care should be taken when cleaning, not to get pump excessively wet or immersed in any liquid.
- Silicone tubing is single-patient use; replace if visibly damaged, soiled or discoloured, and/or after 30 days of use.
- For blood and body fluid contamination, clean the pump unit using a 10,000 ppm solution of chlorine. Dispose of silicone tubing and pipette.
- Silicone tubing is cleaned externally with a detergent or 70% isopropyl wipe. The inside is not cleaned; it only transports ambient air.
- Do not allow tubing to contact liquid or foam. If contamination occurs, replace and dispose of soiled tubing.
- Pipettes are single-use and are disposed of after each use.
- Check with your in-house IPC for the local infection control policy.